



SELF-MANAGEMENT EXECUTIVE COACHING PERSONAL & PROFESSIONAL DEVELOPMENT

WITH CERTIFIED SELF-MANAGEMENT COACH

WHAT OUR CLIENTS SAY ABOUT SELF-MANAGEMENT COACHING

The CSMC program is the program that has had by far the greatest impact on me both individually and professionally! By providing self-management tools and concepts that are applicable in many situations and making them available in a coaching structure, Self-Management Coaching has found the solution that turns knowledge into action. [It] has had a powerful impact on my motivation, productivity, and sense of direction.

-Mehendi Kamani, National Director of Advisor Education, ING. Canada

The Coaching Program Focus: Based on the results of the Management Potential Profile, a Certified Self-Management Coach will work with you in a regular, one-on-one capacity to help you to implement the Principles of Self Management into your personal and professional environments. This confidential process will help you to maximize the applicability of these principles, providing a sustained impact and a proven return on investment.

OUTCOMES:

- Develop your own self-management potential and become a role model for others
- Benefit from personal coaching on the 4 Step Self-Management System
- Learn a day-to-day system that will help you tap into the internal motivations that drive your performance
- Work through the Performance Equation™ and apply it to your professional circumstances
- Discover how to develop your potential, make commitments and increase your performance
- Benefit from one-one-one business focused support to help implement new strategies and provide you with a maximum return on investment, increased learning and sustained results
- Deepen your resources by partner with a professional Certified Self-Management Coach who will feel like an extension of your personal advising team

**Estimated Investment Amount – Available in 12 hour packages @ \$2,500.00
ADDITIONAL COACHING HOURS AND RESOURCES PURCHASED @ \$250.00/HOUR**

SELFMANAGEMENT
PLUS
SELECT | DEVELOP | RETAIN | TOP PERFORMERS