

The World Leader in Developing Self Managers

PERSONAL EFFECTIVENESS

SELF AWARENESS & SELF DEVELOPMENT

1/2 Day Program



Personal Accountability & Responsibility

INTRODUCTION

- Current Role & Responsibilities
- Personal & Professional Growth Plans

PERSONAL EFFECTIVENESS TOOL KIT:

- Performance - Self Assessment
- Self Confidence - Building on Strengths
- Skill Development Model - Compounding Effectiveness
- How to Build a Habit - Making Habits Habitual

SELF AWARENESS:

- Understanding your Profile
 - Profile Debrief
- Competency Map - Self Assessment

ACTION PLAN:

- 4 Ways to Improve Effectiveness
- Sustaining Effectiveness - Making Habits Habitual

APPENDIX:

- Profile Action Planner Guide

LEARN IT - DO IT - MAKE IT A HABIT